

**(Put School name) COSMETOLOGY CURRICULUM**

**Introduction**

A Cosmetology training course shall begin with infection control and blood exposure procedures as defined in 21 NCAC Subchapter 14H .0403 and .0404 and consist of at least 1500 hours.

**Instruction**

All instruction in a cosmetic art school shall be in this order per 21 NCAC 14T .0612 and defined in 21 NCAC 14T .0101:

- (1) Guided theory;
- (2) Demonstration;
- (3) Guided practice;
- (4) Independent theory;
- (5) Practice;
- (6) Evaluation and passage of evaluation; and
- (7) Performance

Teachers will ensure students follow infection control, tool safety, appropriate draping and safe application of products for all service performances.

The Teacher will ensure hours earned in the clinic department must be devoted to study and safe and effective practice and performance.

“Practice” is the independent hands-on execution of the systematic completion of the steps for a safe and effective cosmetic art service on a mannequin by a student, practice is monitored during the execution and checked by a teacher upon completion, for the purpose of pointing out errors in order that the errors may be corrected.

“Performance” is the hands-on execution of the systematic completion of the steps for a safe and effective cosmetic art service on a live individual by a student. Performance is monitored during the execution and checked by a teacher upon completion for the purpose of pointing out errors in order that the errors may be corrected.

**Statutory Basis for Licensure**

A Cosmetology student will be taught the Statute scope of practice as follows:

§ 88B2. Definitions.

(8) Cosmetologist. - Any individual who is licensed to practice all parts of cosmetic art.

(8a) Cosmetology. - The act of arranging, dressing, curling, waving, cleansing, cutting, singeing, bleaching, coloring, or similar work upon the hair of a person by any means, including the use of hands, mechanical or electrical apparatus, or appliances or by use of cosmetic or chemical preparations or antiseptics.

(11a) Esthetics. - Refers to any of the following practices: giving facials; applying makeup; performing skin care; removing superfluous hair from the body of a person by use of creams, tweezers, or waxing; applying eyelashes to a person, including the application of eyelash extensions, brow or lash color; beautifying the face, neck, arms, or upper part of the human body by use of cosmetic preparations, antiseptics, tonics, lotions, or creams; surface manipulation in relation to skin care; or cleaning or stimulating the face, neck, ears, arms, hands, bust, torso, legs, or feet of a person by means of hands,

devices, apparatus, or appliances along with the use of cosmetic preparations, antiseptics, tonics, lotions, or creams.

(12) Manicuring. - The care and treatment of the fingernails, toenails, cuticles on fingernails and toenails, and the hands and feet, including the decoration of the fingernails and the application of nail extensions and artificial nails. The term "manicuring" shall not include the treatment of pathologic conditions.

(14a) Natural hair care. - A service that results in tension on hair strands or roots by twisting, wrapping, extending, or locking hair by hand or mechanical device. For purposes of this definition, the phrase "natural hair care" shall include the use of artificial or natural hair.

### **Infection Control and Blood Exposure**

The first subjects to be taught in theory and practical application will be the infection control and blood exposure procedures as defined in 21 NCAC subchapter 14H .0403 and .0404.

Infection control and blood exposure required evaluations shall be taught in this order:

- (1) Hand washing;
- (2) Implement disinfection;
- (3) Beginning and end of day infection control;
- (4) Blood exposure (self cut); and
- (5) Blood exposure (client).

Once a student passes the infection control and blood exposure procedures evaluation plan with a score of 100 the student can move on to further training and evaluations.

### **Required Evaluations**

The school developed and will use the required evaluations for each of the Board required services listed in this below. Evaluation plans will include a minimum of infection control, tool safety, client consultation, draping, and safe application and will be recorded in the student permanent file. Teachers will ensure students follow infection control, tool safety, draping, and safe application of products for all service performances. Students will receive guided theory, demonstration, guided practice, independent theory, and practice, pass the evaluation plan, prior to performing services on a live model.

#### Required Evaluations List

- (1) Blow drying and hot iron;
- (2) Hair cut with shears, a razor and clipper.
- (3) Color application including virgin and retouch
- (4) Relaxer application including virgin and retouch;
- (5) Permanent waving;
- (6) Basic manicure
- (7) Basic pedicure;
- (8) Basic facial including steam; and
- (9) Waxing.

### **Additional Evaluations**

The school has developed and will use evaluation plans for each of the cosmetic art services listed below. Evaluation plans will include a minimum of infection control, tool safety, client consultation, draping, and safe application services to a client. In addition to the required evaluations listed above all

students will receive guided theory, demonstration, guided practice, independent theory, and practice, and perform the following services:

- (1) Shampooing
- (2) Roller sets;
- (3) Pin curls;
- (4) Ridge curls with C shaping;
- (5) Fingerwaves;
- (6) Artificial hair;
- (7) Up-styles;
- (8) Pressing or thermal;
- (9) Blow drying;
- (10) Hot iron;
- (11) Styles that apply tension (twists, braiding, locs, or knots);
- (12) Solid form cut;
- (13) Elevated cut;
- (14) Cut with tapered or thinning shears;
- (15) Razor cut;
- (16) Clipper cut;
- (17) Shears over comb cut;
- (18) Clippers over comb cut;
- (19) Virgin darker;
- (20) Virgin lightener;
- (21) Retouch;
- (22) Foil;
- (23) Freehand painting;
- (24) Relaxer virgin; Relaxer;
- (25) Relaxer retouch;
- (25) Permanent waving rod placement rectangle, or contour or bricklay-overlap or spiral;
- (26) Basic manicure or pedicure; 1
- (27) Artificial nails;
- (28) Basic facial;
- (29) Waxing including face and body;
- (30) Hair removal with tweezers;
- (31) Hair removal with razor;
- (32) Makeup application;
- (33) Lash lift and brow lamination;
- (34) Artificial lashes; and
- (35) Lash and brow tint.

### **Online Education**

Theory portion of the curriculum maybe assigned online for no more than 450 hours. **(If you chose to add this into your curriculum you need to submit separate documentation show how you will be complying with all sections of 14T .0611 including samples)**

### **Curriculum Checklist**

We will ensure a minimum of 10 percent of scheduled attendance time each week shall be dedicated to guided theory, demonstration, and guided practice.

We will ensure all requirements set forth in this curriculum will be adhered to and lessons developed from the Board approved curriculum.

We will ensure blood exposure and infection control evaluations are passed with a score of 100 percent before a student practice on a mannequin or provide a live performance.

Before a student performs a live model service, we will ensure the student has passed the respective mannequin evaluation plan.

When students provide a service/performance we will ensure it follows the systematic completion of the steps for safe and effective cosmetic art services as outlined in the evaluation plan.

We will ensure all students receive training on Safety Data Sheets prepared by the manufacturer on all products used by the school's in performances.